

COURSES & ACTIVITIES

Overview

A wide variety of activities take place every week in our building. These include philosophy classes, Shiurim, senior gymnastics, Rummicub and Canasta. Haven't found anything? Please contact us at info@icz.org.

The following courses take place regularly in the ICZ community centre:

PHILOSOPHY

Monday (every 2nd week) 10:30 - 11:30

RUMMICUB AND CANASTA

Monday 14:30 - 17:00

ISRAELI DANCING

Tuesday Beginners I 18:00 - 19:00

Tuesday Beginners II 19:00 - 20:00

Tuesday Middle 18:00 - 19:00

Tuesday Advanced 19:00 - 22:00

IVRIT COURSES

Monday B1 (Judith Soleman) 17:00 - 18:00

Monday A2 (Judith Soleman) 18:15 - 19:15

Wednesday A2 (Rachel Reshef) 16:00 - 17:00

Wednesday A1 (Rachel Reshef) 17:15 - 18:15

Thursday A1 (Shoshana Grünenfelder) 16:45 - 17:45

Thursday B2 (Shoshana Grünenfelder) 18:00 - 19:00

Thursday B1 (Shoshana Grünenfelder) 19:15 - 20:15

Descriptions of the Hebrew levels:

[Levels A1 / A2](#)

[Levels B1 / B2](#)

Hiking

Our hiking group has been meeting every 14 days for over 40 years. Mostly we explore the canton of Zurich and its surroundings. We organise hikes from easy walks of two hours, up to day hikes that sometimes last for four hours. Our group has up to 20 participants. We talk about G-d and the world, culture, and nature. Everyone is welcome and registration is only necessary in exceptional cases. The programme for the day is always online.

UPCOMING HIKING DATES

Programme

Every week there's a wide variety of activities that take place at the ICZ. These include philosophy lessons, Shiurim, gymnastics for seniors and Rummicub.

Didn't find anything? Please contact us via info@icz.org.

UPCOMING EVENTS

MACHOL ZURICH

Israeli dancing doesn't just happen in Israel – it's enjoyed worldwide by countless dance groups. The steps are easy to learn, the melodies lively and varied. Courses take place weekly at the ICZ at different levels. Come along and get carried away by the joy of dancing.

Find the current course dates [here](#) ().

CONTACT

Ronit Bollag

+41 (0)79 311 65 57 079

311 65 57

bollagronit@gmail.com

LINKS

[Strictly Israeli Dancing.uk](http://StrictlyIsraeliDancing.uk)

Hebrewsongs.com

[Rokdim](#)